FILET OF SOUL



Catering Menu

484-883-4165 • filetofsoul.org

SALADS

Half pan serves 15 people · Full pan serves 30-35 people

Garden Salad

cucumber, tomato, mixed greens Half \$40 · Full \$70

Hearty Vegetarian Salad

broccoli, peppers, cucumber, tomato, carrots, red onions $Half \$45 \cdot Full \80

Jerk Chicken and Mango Salad

Half \$60 · Full \$110

Curry Chicken Salad

Half \$60 · Full \$110

Potato Salad

Half \$55 · Full \$120

Coleslaw

Half \$40 · Full \$75

St. Maarten Seafood Salad

Half \$80 · Full \$150

Fresh Tropical Fruit Salad

Half \$60 · Full \$110



STARTERS

BBQ Hot, Jamaican Jerk, or Sweet & Tangy Wing Dings

50 pieces \$75 · 100 pieces \$140

Pineapple Jerk Cocktail Meatballs

50 pieces \$100 · 100 pieces \$190

Jerk Chicken and Mango Skewers

50 pieces \$150 · 100 pieces \$290

Mini Salmon Cakes

50 pieces \$150 · 100 pieces \$290

Pulled Pork and Plantain Empanadas

50 pieces \$150 · 100 pieces \$290

Beef Empanadas with Citrus Galsa

50 pieces \$150 · 100 pieces \$290

Mini-Pulled Pork or Chicken Sliders

50 pieces \$150 · 100 pieces \$290

Curry Vegetable Empanadas

50 pieces \$150 · 100 pieces \$290

Mini Chicken and Wattles

50 pieces \$150 · 100 pieces \$290

Sweet and Tangy Shrimp Skewers

50 pieces \$175 · 100 pieces \$340







MEATS · FISH · CHICKEN

Half pan serves 12-15 people · Full pan serves 30 people

Jamaican Jerk Chicken

Half \$90 · Full \$170

Jamaican Curry Chicken

Half \$85 · Full \$160

Southern Fried Chicken

Half \$75 · Full \$140

Whole Fried Chicken Wings (50 pieces)

Half \$125 · Full \$240

Slow Smoked BBQ Chicken

Half \$90 · Full \$170

Smothered Boneless Breast of Chicken

Half \$100 · Full \$190

Smothered Turkey Wing

Half \$95 · Full \$180





Slow Smoked BBQ Ribs

4 slabs for half pan, 8 slabs for full pan $Half $104 \cdot Full 198

Fried Fish (Whiting, Tilapia or Flounder) Half \$105 · Full \$200

Jamaican or African Stewfish

Half \$110 · Full \$210

Broiled Tilapia or Flounder Scampi

Half \$105 · Full \$200

Smothered Pork Chops

Half \$95 · Full \$180

Fried Pork Chops

Half \$80 · Full \$150

Braised Oxtails with Beans

Half \$175 · Full \$340

SIDES

Half pan serves 15 people · Full pan serves 30-35 people

Seafood Macaroni and Cheese

Half \$85 · Full \$180

Macaroni and Cheese

Half \$60 · Full \$110

Candied Yams

Half \$60 · Full \$110

Collard Greens with Smoked Turkey

Half \$52 · Full \$94

Red Velvet Waffles

Half \$42 · Full \$74

Southern Fried Potatoes

Half \$60 · Full \$110

Southern Style Grits

With or without cheese Half \$39 · Full \$68

Hoppin' John (Black-eyed Peas and Rice)

Half \$55 · Full \$100

Fried Sweet Plantains

Half \$60 · Full \$110

Jamaican Rice and Peas

Half \$55 · Full \$100

Caribbean Cabbage

Half \$55 · Full \$100

String Beans with Smoked Turkey

Half \$45 · Full \$80

Southern Style Baked Beans with Turkey Sausage

Half \$50 · Full \$90

Seasoned Rice

Half \$21 · Full \$31





BREADS

Half pan serves 15 people · Full pan serves 30-35 people

Cornbread

Half \$16.95 · Full \$24.95

Homemade Biscuits

Half \$22.95 · Full \$34.95

Hush Puppies

Half \$15.95 · Full \$22.95

Dinner Rolls

Half \$15 · Full \$24

DESSERTS

Caribbean Bread Pudding

\$36 · feeds 12-15

Lemon Cake

\$22 · 15 slices

Sweet Potato Pie

\$20 · 6 slices

Apple or Peach Cobbler

\$36 · feeds 12-15



PICK UP & DELIVERY OPTIONS

Curbside pick-up and delivery options are available.

Local delivery to West Chester area is available for a fee.

Please call (484) 883-4165 to order and arrange pick up or delivery.

